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**UMSL  
2019**

Month of  
*Community  
Giving*



## MEET CANDICE

Without the help of United Way, college may have not been in the cards for our very own UMSL Triton, Candice. Through relationship-based mentoring, United Way was able to help cultivate Candice's dreams. "From tutoring and ACT prep to money management and employment, College Bound covers all the bases to ensure students are not only prepared for higher education, they're confident when they get there." Thanks to the support United Way provided to Candice, she plans to graduate with a bachelor's degree in social work.

**Read more about Candice's story. →**  
<https://helpingpeople.org/success-story-candice>

### RAISE YOUR HAND.

United Way volunteers support the community by housekeeping, gardening, and even bowling. Find out how you can contribute.

### GET INVOLVED.

Community Health Charities hosts a number of public events to promote healthy lifestyles. From the hot dog outreach to the stuffed animal hospital, there are opportunities to volunteer for everyone.

